



LUCAS LIM CHUAN JIN 林泉均

ACTOR. PERSONAL TRAINER. DANCE INSTRUCTOR.

ABOUT ME

I'm an individual strongly fueled by passion. I would say that I am adept at using my body in various means - I act, dance, workout and play many sports. Versatility is my key competency and I am really excited to take on new ventures.

LANGUAGES

ENGLISH • WRITTEN & SPOKEN •
Proficiency: Strong

CHINESE • WRITTEN & SPOKEN •
Proficiency: Strong

EXPERIENCE

- ACTING/ENDORSEMENT EXPERIENCE -

ARTISTE • ADVERTISEMENTS

HARVEY NORMAN AD • AUG 2018 • TO BE SCREENED OCT 2018

• Featured in 3x10s TVC with 3 other talents where different body parts (eyes, lips, butt) were used as a dance to feature electronic and furniture products. This will be shown on TV, online and storefronts.

OKAMOTO AD • JUL 2018 • SCREENED AUG 2018

• Lead talent for Okamoto's "O is for Okamoto campaign" playing the role of Oliver. A diligent boyfriend who thinks he knows what his girlfriend wants. This was shown on digital and online platforms..

ETIQA INSURANCE AD • DEC 2017 • SCREENED DEC 2017

• Lead talent for Etiqa Insurance's "Easysave" series of advertisements which was for TV, Broadcast, Digital, Print and OOH.

MUNZILI AD • SEPT 2017 • SCREENED NOV 2017

• Acted as an interior designer in a digital ad for Munzili, an interior designing application that creates 3-D models and floor plans.

BRAND AMBASSADOR • MYPROTEIN • JAN 2017 - PRESENT

• Spread awareness of the UK-based fitness nutrition brand through social media and advocate the importance of nutrition in bodybuilding.

ACTOR • TELEVISION/SHORT FILMS

MY GANGSTER MUM TOGGLE WEBSERIES • AUG 2018 • TO BE SCREENED AUG 2018

• A comedy series about a prideful single gangster mum who overcame difficult life challenges after being a grab driver. I played the role of "Marcus", her blur but trusted ex classmate who is always there for her in hope of eventually being a couple. This will be shown on grab platforms and featured on Toggle.

YJHC MOVIE • JUNE 2018 • TO BE SCREENED NOV 2018

• Played the role of a police officer in a local production by King Kong Media, directed by Mark Lee. The long interrogation scenes with Mark Lee marks my movie debut. It is slated to be released in local cinemas end of 2018.

TOGGLE GLITCH SERIES • MAR 2018 • TO BE SCREENED NOV 2018

• Played the role of "THE CURE", a ruthless, manipulative in-game villain who appeared in the real world following a glitch and attempts to kill the female lead. It is a sci-fi action series to be screened on Toggle and Mediacorp's Channel 5.

BOBOSHOOTERS • JAN 2018 • SCREENED MAR 2018

• In this 4 episode X 15mins series about love, comedy and drama, I played the role of DWYANE, a bouncer who was recruited as the lead's teammate for his enormous strength. This series was presented by Cheokboardstudios channel and MM2 entertainment Singapore.

CRIMEWATCH • OCT 2017 • SCREENED DEC 2017

• Played the role of PANG as a Casino Manager in this classic documentary screened on Mediacorp's Channel 5,8 and Suria.

SENIOR MANAGEMENT • OCT 2017 • SCREENED JAN 2018

• In this 6-episode Toggle Sit-Com, I played the role of CHEW, the lead actor's comedic good friend who always got them in trouble.

NALURI AYAH • APRIL 2017 • SCREENED JUNE 2017

• Acted as salesperson Robert who supported the lead actor, this father's day telemovie was screened on Suria channel.

TANGLIN • APRIL 2017 • SCREENED JUNE 2017

• I was cast in the role of Donald, an overenthusiastic fitness trainer in Tanglin, a Channel 5 longstanding drama series.

FIRASAT 2 • SEP - DEC 2016 • SCREENED JAN - MAR 2017

• Played a major supporting role, Kenji, a supernatural henchman with telekinetic abilities in Firasat 2, a sci-fi TV drama screened on Suria channel.

- FITNESS/EDUCATION-RELATED WORK EXPERIENCE -

PERSONAL TRAINER •

EXCLUSIVE FITNESS GOLD'S GYM • FEB 2014 - DEC 2015 •

CUT GYM SINGAPORE • JAN 2016 - PRESENT



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- Provide 1-on-1 exercise, fitness, nutritional, dietary and lifestyle recommendations to clients
- In charge of Cut Gym's Social Media marketing

RELIEF TEACHER (PE) • NANYANG JUNIOR COLLEGE • FEB - JUN 2011

- Conducted gym-based conditioning to staff and students
- Planned and Conducted regular PE lessons for classes of 30 students(17-20yrs)
- Assist in the development of students' physical fitness to meet NAPFA requirements

TRAINING ASSISTANT & COACH • ADAM KHOO LEARNING TECHNOLOGIES GROUP • NOV 2010 - FEB 2011

- Nurtured and Facilitated learning among children aged 6-16 on educational and life skill abilities under various Adam Khoo Learning Programmes.

- DANCE-RELATED WORK EXPERIENCE -

POPPING INSTRUCTOR • S.T.E.P SCHOOL OF ELITE DANCE PERFORMERS • JULY 2014 - PRESENT

- Conduct weekly courses and open classes for students
- Choreographer for the annual STEP Studio Recital Popping Item

FREELANCE DANCE INSTRUCTOR • JAN 2013 - PRESENT

- Conducted continuative Dance Module, enrichment courses for various primary, secondary schools and junior colleges (Eg: Raffles Institution, NYJC, ACS Barker, North Vista Sec. School, Bishan Park Sec. School, Clementi Town Sec. School, Gongshan Pri. School, East Spring Sec.)
- Conducted Workshops for school clubs (Eg: NUS Kent Ridge hall, NTU Dance Sport Club, NTU Hall 3 Dance Club)
- Conducted Workshops for Studios (Eg: DanzPeople, Natasha Studios)

EDUCATION & CERTIFICATION

BSC. OF SCIENCE (HONOURS) SPORTS SCIENCE & MANAGEMENT (2ND CLASS) • AUG 2011 – MAY 2015 • NANYANG TECHNOLOGICAL UNIVERSITY

Completed Modules in Structural and Functional Anatomy (A), Principles of Strength Training (A), Coaching and Learning 2 (A-), Sports Injuries 2 (B+) and many more.

MOE APPROVED DANCE INSTRUCTOR • MAR 2015 – PRESENT

CERTIFIED BASIC FIRST AIDER (SFATC) • SEPT 2014 – PRESENT



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AWARDS, ACHIEVEMENTS & MAJOR PERFORMANCES

PAGEANTS & FITNESS CONTESTS

- Manhunt Singapore 2016 Winner
- NTU Hall 3 2011 Hall King

MEDIA FEATURES

- Featured on 8 Days Magazine, iFitness Magazine, Raffles Medical Group Magazine, The New Paper, Yahoo News, AsiaOne, NanRen, Toggle Lifestyle, Covered Asia.

DANCE

- Guest performer for:
 - Futuristic Act for Health Tech Day 2018
 - Novartis End of Year Celebratory Party 2017
 - Pop In Progress 2016
 - Mediacorp's Star Awards 2015
 - Singtel Event 2015
 - Singapore Night Festival 2015
 - Cineleisure All Babes Dance Competition 2013
- NTU Funk Jam 2018 Popping 2v2 – Top 4
- NTU Funk Jam 2017 Popping 2v2 – 1st Runner up
- Malaysia OPG Jam Popping 2v2 2016 – Top 4
- NTU Soul Funky Alumni Battle 2016 – Champion
- Judge for Natasha Studio All Style 2v2 Battle 2015
- Judge for NTU Soul Funky FOC 2v2 Senior Battle 2015
- Crew Invitational Guest Competitor in Korea Street Jam Vol 22 2015
- Ladies first All guys 7-to-smoke invitational battle 2015 – Champion
- Tri-Uni Battle (SMU,NTU,NUS) 2012 – Champion

SPORTS

- Singapore Beach Volleyball National Team 2009 - 2011
- Singapore Indoor Volleyball National Team 2008 - 2010
- VAS Singapore Open 2009 – 1st Runner-up
- NYJC Sportsman of the Year 2008



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